# PLEASANT VIEW PROCLAIMER

AUGUST 22, 2021

# THINGS TO REMEMBER DAILY

### 1. That I have a God to glorify

John 15:8 "By this My Father is glorified, that you bear much fruit; so you will be My disciples."

#### 2. That I have a Savior to imitate

Ephesians 5:1 "Therefore be imitators of God as dear children"

#### 3. That I have a soul to save

Philippians 2:12 "Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling"

## 4. That I have a body to mortify

Romans 6:2 "... How shall we who died to sin live any longer in it?"

### 5. That I have virtue to acquire

2 Peter 1:5-7 "...add to your faith virtue, to virtue knowledge, to knowledge self-control, to self-control perseverance, to perseverance godliness, to godliness brotherly kindness, and to brotherly kindness love"

#### 6. That I have heaven to seek

Matthew 6:33 "But seek first the kingdom of God and His righteousness, and all these things will be added to you"

## 7. That I have temptations to resist

James 4:7 "... Resist the devil and he will flee from you"

#### 8. That I have a world to guard against

Romans 12:2 "And do not be conformed to this world, but be transformed by the renewing of your mind..."

# 9. That I have either death to face or Christ's return to anticipate

Hebrews 9:27 "And as it is appointed for men to die once, but after this the judgement"



"Praise the LORD, for the LORD is good; Sing praises to His name, for it is pleasant"

We welcome **Tim Agee** as our speaker today

#### **AREA NEWS**

- Main Street
   Church of Christ is having a Golf
   Scramble August
   27 at The Legacy
- Hilldale Church of Christ is hosting a Ladies Day August 28 with Cathy D Powell
- Bearwallow's VBS
   has been
   rescheduled to
   September 11

# Delayed Gratification

In the 60s and 70s, psychologist Walter Mischel conducted a long term study beginning with what has become known as the "marshmallow experiment." He placed a marshmallow in front of a preschool child and told them they could eat it now, or if they could wait 15 minutes, they could have several marshmallows. He would then leave the room and record the child's behavior.

By following the children through their adolescence, Mischel was able to show that the ability to delay gratification during childhood is associated later in life with a lower tendency toward frustration and aggression, better school and standardized test score performance, and greater social responsibility and competence. Basically, that self-control was an indicator of success.

Delayed gratification is formally defined as "the act of resisting an impulse to take an immediately available reward in the hope of obtaining a more-valued reward in the future." It should come as no surprise that the ability to resist impulses is beneficial, we're told that thousands of years ago Moses chose "rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin" (Hebrews 11:25)

From this we can note several things: that sin does have it's pleasures; that there

was (and is) an impulse to enjoy them; and that denying that impulse may involve suffering affliction. But we also know that "...our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory" (2 Corinthians 4:17)

Focusing on the passing nature of the pleasures of sin and the immense value of our eternal reward is one tool we can use as we struggle to resist temptation. Let's encourage one another to make good choices daily!

#### PRAYER LIST

- Mamie Hamilton had to go to the emergency room with inflammation in her hip
- Steve Buchanan is sick at home
- The Reed family is feeling better, but still at home
- John Hayes is in intensive care at Skyline
- George Terwilliger has non-Hodgkins Lymphoma
- Joseph Martin is at home after back surgery
- Barrett Knipfer has been diagnosed with muscular dystrophy

SERVING TODAY (August 22, 2021)

SUNDAY SCHOOL WORSHIP

Read: J. Walker Read: C. Baker Prayer: J. Gupton Wait On Table: J. Walker

**Serve:** E. Walker, J. Demonbreun,

J. Buchanan

**Prayer:** D. Billingsley