# Pleasant View Proclaimer

#### Pleasant View church of Christ

### **Good Wives**

In 1998, an email circulated that drew strong reactions from women across the country. It was supposedly an excerpt from the May 13, 1955 edition of "Housekeeping Monthly," and it was titled "The Good Wife's Guide." It listed ten things that a good wife should do every day for her husband. (The true source of this article has not been verified.) Among the things a good wife should do are: "Have dinner ready...a delicious meal-on time."; "Take 15 minutes to rest so you will be refreshed when he arrives home from work"; "Listen to him. Let him talk first."; and "Make the evening his. Never com-

plain if he does not take you out to dinner or to other places of entertainment."

Wives, what do you think? Sound good? I'm sure it sounds good to your husband. This caricature of a good wife (it cannot be regarded as realistic) is what many feminist groups picture when Christians discuss the role of women in the church and home. They think that Christians are trying to create a world where wives are simply their husband's cook, babysitter, housekeeper, and secretary. In turn, husbands are not expected to serve their wives in any way.

But feminists have it

wrong. The Bible does not promote male chauvinism. And it does not teach that wives should simply cater to every whim of their husbands. The Bible teaches that within a marriage there is mutual submission. Ephesians 5:21 states: "Be subject to one another in the fear of Christ." Paul goes on the explain what submission looks like for wives and husbands. The wife submits to her husband since he is the head of the wife, as Christ is head of the church. Husbands are to love their wives as Christ loved the church. When a husband and wife are trying to out love each other, Christ is glorified.

James Hayes

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Issue 116

#### Items of Note:

- Thankfully, Jessica Humston's liver tumors have shrunk from 3 cm to 1 cm!
- John Hayes' latest blood test showed that his chemo treatment was very successful. He made dramatic improvements.
- Addie Farmer received her last radiation treatment Wednesday.
- J.W. Head is slowly improving at Parthenon Pavilion.
- Building Fund collection, June 30.

## Thanks To Everyone For Your Hard Work In Making VBS A Success! Happy Haven Contribution Today

THOSE WHO WILL SERVE THE CONGREGATION

Sunday School

Read: Gupton

Pray: Reed

Morning Worship

Wait on the Table: Brown

Serve: Demonbruem, Trent, L. Newell

Pray: Billingsley

Pleasant View church of Christ 2500 Highway 49 East P.O. Box 189 Pleasant View, TN 37146

Sunday School: 9:30 A.M. Worship: 10:30 P.M. Worship: 6:00 Wednesday Bible Study: 7:00 pm Phone: 924-9714

Matthew 5:38-39
"You have heard it was said,
'An eye for an eye, and a
tooth for a tooth.' But I say
to you, do not resist an evil
person; but whoever slaps
you on your right cheek, turn
the other to him also."

### "Is prayer your steering wheel or your spare tire?"

#### Corrie ten Boom

"The greatest single cause of atheism in the world is Christians; who acknowledge Jesus with their lips, walk out the door, and deny Him by their lifestyle. That is what an unbelieving world simply finds unbelievable."

Kevin Max

### Gluttony

When asked if gluttony (overeating) was a sin, blogger S. Michael Houdmann wrote: "Gluttony seems to be a sin that Christians like to ignore. We are often quick to label smoking and drinking as sins, but for some reason gluttony is accepted or at least tolerated. Many of the arguments against smoking and drinking, such as health and addiction, apply equally to overeating. Many believers would not even consider having a glass of wine or smoking a cigarette but have no qualms about gorging themselves at the dinner table. This should not be!" And I say, Amen!

Overeating is glorified in many segments of our society. Some men

even pride themselves on how much food they can eat at one sitting. But the Bible is clear that food consumption is a spiritual issue. Proverbs 23:20-21: "Do not be with heavy drinkers of wine, or with gluttunous eaters of meat; for the heavy drinker and the glutton will come to poverty, and drowsiness will clothe one with rags." Does drinking ruin lives? Yes. Does illicit sex ruin lives? Yes. Does overeating ruin lives? Yes. Obesity is a national epidemic. According to the Centers for Disease Control, obesity-related conditions include heart disease, stroke, type 2 diabetes and certain types of cancer, some of the leading causes of preventable death. The medical costs of

those who are overweight are \$1,429 higher than those of normal weight. So, it seems like God was concerned about our physical welfare when He forbade gluttony.

Food is one of God's greatest gifts. It is a joy to share a meal with family and friends. Food, however, can be misused. When we eat too much—or too little—we are punishing the temple of the Holy Spirit. It is spiritually irresponsible to disregard our health. God is not pleased when we dogmatically oppose all abuses of the body except gluttony simply because we love to eat. May we always treat our bodies the way God intended.

James Hayes